Winter moth time

by Matt Bowser



A winter moth resting on the siding of the Kenai National Wildlife Refuge's headquarters building in Soldotna, October 21, 2019 (credit: USFWS/Matt Bowser).

On the windows of my home in Kasilof, under lights at the Kenai Refuge's headquarters in Soldotna, in Anchorage, and in Fairbanks, winter moths are appearing in large numbers this year. These delicate, pale brown or gray moths flit about in the evenings from September into November. I have witnessed the frail moths flying through lightly falling snow, seeming to defy the change of seasons.

Like unsolicited advertisements left on our doors to claim our attention, the drab moths tell us about something we might otherwise not have considered. As with the rise and fall of snowshoe hares, pulses of spruce cone production, and biennial runs of pink salmon in the Kenai River, winter moths come and go in one of the interwoven cycles of the boreal forest around us.

Several similar-looking species of winter moths occur around the world in northern to temperate latitudes. The winter moth, *Operophtera brumata*, is the common species in Europe and northern Asia. It is now an invasive species in Canada and the Lower 48. The bruce spanworm, *Operophtera bruceata*, inhabits

most of North America's boreal forest. *Operophtera occidentalis*, also known as the Kodiak looper, ranges from coastal Alaska down to California. On the Kenai Peninsula we have both bruce spanworms and Kodiak loopers.

Right now, winter moths are seeking mates and laying eggs. The strange-looking, wingless females climb up trees or shrubs and emit a scent that the winged males follow. Females deposit eggs singly in crevices in bark. All of the adults die as winter closes in.

The eggs are tuned to hatch as the buds burst in the spring to take advantage of new spring growth. For newly hatched winter moth caterpillars, timing is critical: if the eggs hatch too early, they will starve; if they hatch late, they miss the best food source. After the initial flush of growth in the spring, trees and shrubs begin to incorporate chemicals into their leaves that render them less palatable to caterpillars.

Winter moth caterpillars eat the leaves of deciduous trees and shrubs, grow quickly, and mature around the end of June. At this time they drop to the ground, crawl into the leaf litter, and there spend the rest of the summer as pupae. Adults emerge in the fall. In this one-year life cycle of the winter moths, the whole population is basically in synchrony, with all individuals at close to the same stage of life at all times. This cycle repeats every year, but the size of the population varies drastically over the years.

Outbreaks of winter moths have been documented in Alaska in the 1950s, 1970s, and most recently in 2010 to 2013, when caterpillars consumed almost every leaf of alders, willows, and shrubby birches in the subalpine zone in Southcentral Alaska, leaving brown patches on mountain slopes and subalpine thickets. We still do not know what initiates these outbreaks, but we do know about how outbreaks are synchronized regionally, the causes of population declines after outbreaks, and how these moths affect other species in the boreal forest.

Regionally, we have seen that outbreaks of winter moth caterpillars occur across Southcentral Alaska

in a short span of a few years. One way these outbreaks are synchronized is through long-range dispersal, where moths in one area spread out tens to hundreds of miles. You might wonder how winter moths, having flightless females, can disperse farther than a moth or caterpillar can crawl. In these species, the young caterpillars can travel long distances downwind by ballooning on long strands of silk in the same way Charlotte's spiderlings left Zuckerman's farm in the story of *Charlotte's Web*.

During outbreaks, winter moths serve as food for birds, insects, and spiders. Voles and shrews prey on pupae in the leaf litter. Trees and shrubs fed upon by the caterpillars defend themselves by increasing bitter compounds in their foliage. Heavily damaged plants grow more slowly or die back. Now with fewer and more bitter leaves, the plants provide poorer forage for hares and moose. Under denuded trees and shrubs, with increased sunlight filtering through the canopy and fertilizer added to the soil as caterpillar droppings, grasses flourish, covering the ground more thickly until the canopy above recovers.

Winter moth outbreaks conclude when most leaves have been eaten. The starving caterpillars turn to devouring whatever green things they can find, but they languish on alternative diets. Even when food remains available, winter moth populations decline after two to three years at least partly due to diseases that spread through the moth populations. After populations decline, winter moths generally exist as an inconspicuous part of the forest system for ten or more years.

The apparently higher numbers of winter moth adults this fall do not necessarily mean that we are entering a new outbreak, but they are a reminder of the intertwined cycles of the boreal forest in which we live.

Matt Bowser serves as Entomologist at Kenai National Wildlife Refuge. Find more Refuge Notebook articles (1999–present) at https://www.fws.gov/refuge/Kenai/community/refuge notebook.html.